

Care homes checklist

Weekly fees:

Home choices:

Option 1 .....

Option 2 .....

Option 3 .....

Things to think about when visiting and choosing a care home:

Staff

What is the minimum number of staff that are available at any time?

Are staff respectful, friendly and polite?

Do staff have formal training?

Are the staff engaging with residents?

Activities

Can you get involved in activities you enjoy?

Is there an activities co-ordinator?

Does the home organise any outings?

Are residents escorted to appointments?

Do the residents seem entertained?

Does the home have a varied activities schedule?

Life in the home

Is the home adapted to suit your needs?

Can you bring your own furniture?

Are there enough plug sockets in the rooms?

Are there restrictions on going out?

Is there public transport nearby?

Does the home provide any transport?

Can you make/receive calls privately?

Can you decide when you get up and go to bed?

Does the home allow pets?

Table with 3 columns (1, 2, 3) and 15 rows for staff and life in home questions.

Personal preference

Is the home too hot/cold? Can you control the heating in your room?

Is the décor to your taste?

Are there restricted visiting hours?

Is there somewhere you can go to be alone?

Does the home feel welcoming?

Will my personal religious or spiritual beliefs be respected?

Catering

Can the home cater for any dietary requirements you may have?

Does the menu change regularly?

Can you eat when you like, even at night?

Can you have food in your room?

Is there a choice of food at mealtimes?

Is alcohol available/allowed if you want?

Can visitors join you for meals?

Fees

Do your fees cover all of the services and activities?

Are fees likely to change regularly?

Is the notice period for cancellation of the contract reasonable?

Can you have a trial period?

Can you keep your room if you go into hospital?

Can you handle your own money?

Table with 3 columns (1, 2, 3) and 15 rows for personal preference and catering questions.