Bath & North East Somerset Council



My hospital passport

How you can help me
if I have to go to hospital
or see a doctor







My name is:

You can call me:



Things you <u>must</u> know about me



My name is:	
My address is:	
My date of birth is:	
My parents / carers are called:	
Important telephone numbers you need to know:	
My NHS nu	mber is:

People who help me



These are the people in my family or others who you might see helping me in the hospital:

These people know how to help me and you can ask them questions about me if you are not sure how I am feeling.

How to communicate with me







Do I communicate verbally?

Yes



No



Sometimes



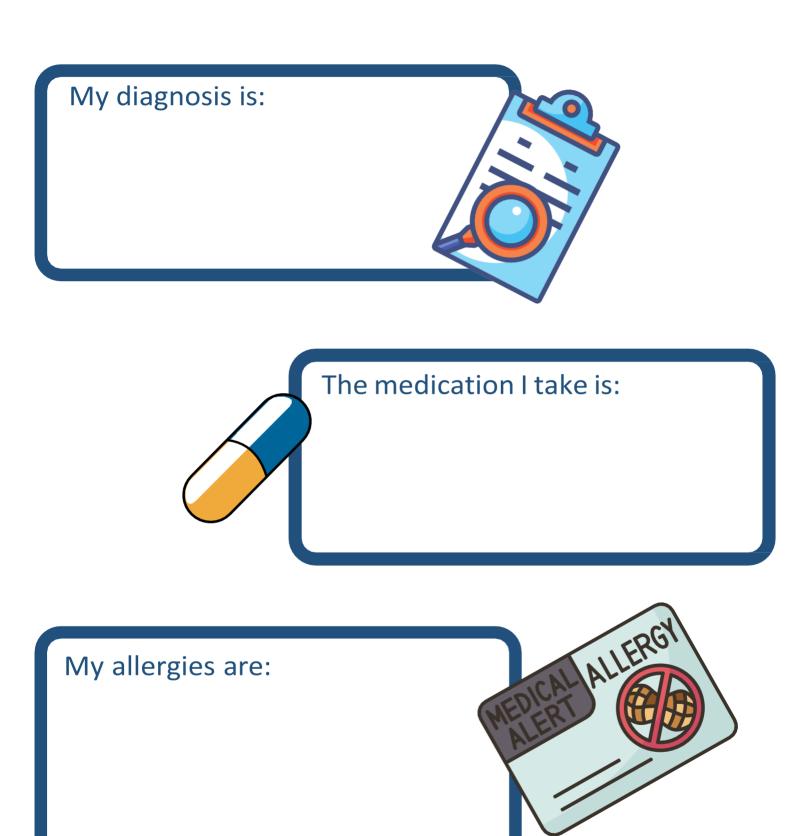
I will communicate with you by:

Do I need anything to help me like photos, symbols, PECS, an iPad/tablet...

Please help me to understand you by:

Do I need you to talk slowly, give me time, use sign language, use visual resources...

Other things about me



My medical information



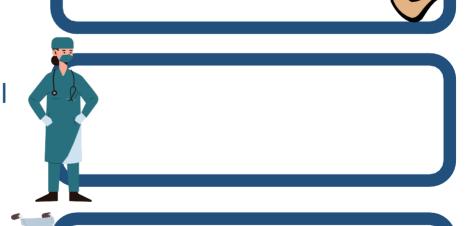
My GP (doctor)'s name and address is:

Information about my sight:

Information about my hearing:

Any recent medical procedures or surgery:

Do I have any mobility issues?



My daily living skills



I might need help with some of these things

Using the toilet - Am I independent?

Do I use nappies / pads?



Eating and drinking - Do I need any support or special items to help me?



Taking medication - Do I need to take any medication and how can you help me?



My daily living skills (continued)

Sleep - Do I need any help to settle? Any night-time aids?



Hygiene - Do I need help with washing, drying, brushing my teeth? Do I prefer a bath or shower?





Dressing and undressing - Do I need any help?





Things that I like and dislike



These are things that you can talk to me about, or things you can do to help me relax:



These are things that I find difficult or scary, or things that may make me anxious:



This is how I think I might respond to things while I am in the hospital

A bit I think Really scared worried I'll be OK Being in a hospital Seeing doctors, nurses and other medical professionals People I don't know talking to me Being by myself sometimes Sleeping in a different bed Not having my normal routine

This is how I think I might respond to things while I am in the hospital

	Really scared	A bit worried	I think I'll be OK
Bright lights			
Loud noises			
Busy places			
New smells			
Eating and drinking			
Going to the toilet			

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The Specialist Autism Support Service supports children and young people living in B&NES, who have a confirmed diagnosis of autism and are between the ages of 0-18, or 0-25 for those with an Education, Health and Care Plan (EHCP).

The Specialist Autism Support Service is based at Fosse Way School in Radstock.

For more information, please contact:

Specialist Autism Support Service Fosse Way School Longfellow Road Radstock BA3 3AL 01761 412198 Ext 2

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https://www.fossewayschool.co.uk/specialist-autism-support-service/